



## Steeping Times & Temperatures

	Time	Temperature
White Tea	3-4 min.	195F
Green Tea	1-2 min.	175-185F
Oolong Tea	3-4 min.	195F
Black Tea	4-5 min.	212F
Pu'erh Tea	30-45 sec.	195-212F
Herbal Tisanes	4-5 min.	212F

**For 195F:** boil 4 cups of water and pour into small pitcher before pouring over your tea leaves.

**For 175-185F:** boil 4 cups of water and add about 1/4 cup of room-temp. water before pouring over your tea leaves.

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